

## BTAAH PSHE Overview

<u>YR</u>	<u>AUT 1</u>	<u>AUT 2</u>	<u>SPR 1</u>	<u>SPR2</u>	<u>SUM 1</u>	<u>SUM 2</u>
<b>7/8</b>	<p><b>Drugs and alcohol.</b> Alcohol and drug misuse and pressures relating to drug use.</p> <p><a href="https://www.bbc.co.uk/bitesize/guides/zstpsk7/revision/1">https://www.bbc.co.uk/bitesize/guides/zstpsk7/revision/1</a>  <a href="https://www.bbc.co.uk/bitesize/guides/zstpsk7/revision/2">https://www.bbc.co.uk/bitesize/guides/zstpsk7/revision/2</a>  <a href="https://www.bbc.co.uk/bitesize/articles/zk784x">https://www.bbc.co.uk/bitesize/articles/zk784x</a></p>	<p><b>Community and careers.</b> Equality of opportunity in careers and life choices, and different</p>	<p><b>Discrimination.</b> Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p> <p><a href="https://www.bbc.co.uk/bitesize/articles/z8yjd3">https://www.bbc.co.uk/bitesize/articles/z8yjd3</a></p>	<p><b>Emotional Wellbeing.</b> Mental health and emotional wellbeing, including body image and coping strategies.</p> <p><a href="https://www.bbc.co.uk/bitesize/topics/zmkghyc">https://www.bbc.co.uk/bitesize/topics/zmkghyc</a>  <a href="https://www.bbc.co.uk/bitesize/topics/zjfhvj6">https://www.bbc.co.uk/bitesize/topics/zjfhvj6</a>  <a href="https://www.bbc.co.uk/bitesize/topics/zd7pm39">https://www.bbc.co.uk/bitesize/topics/zd7pm39</a></p>	<p><b>Identity and relationships.</b> Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception.</p> <p><a href="https://kidshealth.org/en/teens/sexual-orientation.html">https://kidshealth.org/en/teens/sexual-orientation.html</a></p>	<p><b>Digital Literacy.</b> Online safety, digital literacy, and gambling hooks. Prevent</p> <p><a href="https://www.bbc.co.uk/bitesize/guides/zstvj6/revision/1">https://www.bbc.co.uk/bitesize/guides/zstvj6/revision/1</a></p>
<b>9</b>	<p><b>Mental Health.</b> Introduction to Mental health Bereavement, Suicide, Social anxiety, social media and self-esteem.</p> <p><a href="https://www.bbc.co.uk/bitesize/topics/zmkghyc">https://www.bbc.co.uk/bitesize/topics/zmkghyc</a>  <a href="https://www.bbc.co.uk/bitesize/topics/zjfhvj6">https://www.bbc.co.uk/bitesize/topics/zjfhvj6</a>  <a href="https://www.bbc.co.uk/bitesize/topics/zd7pm39">https://www.bbc.co.uk/bitesize/topics/zd7pm39</a></p>	<p><b>Peer influence, substance use and gangs.</b> Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation.</p> <p><a href="https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/gangs-criminal-exploitation/">https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/gangs-criminal-exploitation/</a></p>	<p><b>Respectful Relationships.</b> Families and parenting, healthy relationships conflict resolution, and relationship changes. FGM.</p> <p><a href="https://www.bbc.co.uk/bitesize/articles/zfn7vk7">https://www.bbc.co.uk/bitesize/articles/zfn7vk7</a>  <a href="https://www.bbc.co.uk/bitesize/articles/zttxfdm">https://www.bbc.co.uk/bitesize/articles/zttxfdm</a></p>	<p><b>Setting Goals.</b> Learning strengths, career options and goal setting as part of the GCSE options process.</p> <p><a href="https://www.bbc.co.uk/bitesize/guides/z889d2p/revision/1">https://www.bbc.co.uk/bitesize/guides/z889d2p/revision/1</a></p>	<p><b>Intimate Relationships.</b> Relationships and sex education including consent, contraception, the risk of STI's.</p> <p><a href="https://www.bbc.co.uk/bitesize/guides/zpwk2p/revision/1">https://www.bbc.co.uk/bitesize/guides/zpwk2p/revision/1</a>  <a href="https://www.bbc.co.uk/bitesize/guides/zpwk2p/revision/3">https://www.bbc.co.uk/bitesize/guides/zpwk2p/revision/3</a>  <a href="https://www.bbc.co.uk/bitesize/guides/zpwk2p/revision/7">https://www.bbc.co.uk/bitesize/guides/zpwk2p/revision/7</a>  <a href="https://www.nhs.uk/conditions/sexually-transmitted-infections-stis/">https://www.nhs.uk/conditions/sexually-transmitted-infections-stis/</a></p>	<p><b>Employability skills.</b> Employability and online presence</p> <p><a href="https://www.coursera.org/gb/articles/employability-skills">https://www.coursera.org/gb/articles/employability-skills</a>  <a href="https://www.youtube.com/watch?v=IKKPUYfokw">https://www.youtube.com/watch?v=IKKPUYfokw</a></p>
<b>10</b>	<p><b>Mental Health.</b> Mental Health and ill health, stigma, safeguarding health,</p>	<p><b>Financial Decision Making.</b> The impact of financial, debts,</p>	<p><b>Healthy Relationships.</b> Relationships and sex expectations, myths, pleasure and challenges, including the impact of the</p>	<p><b>Work Experience.</b> Preparation for and evaluation of work experience and readiness for work.</p>	<p><b>Exploring influence.</b> The influence and impact of drugs, gangs, role models and the media <b>Prevent</b></p>	<p><b>Identity and relationships.</b> Gender identity, sexual orientation, consent, 'sexting', and an</p>

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	<p>including during periods of transition or change.</p>	<p>gambling and the impact of advertising on financial choices.</p> <p><i>Links; Careers – allows students to explore payslips and understand what tax goes towards. Teaches them the impact and consequences of healthy and unhealthy habits with money</i></p>	<p>media and pornography. <b>Peer on Peer abuse</b></p>	<p><i>Links; Careers, students prepare for the lead up to their off-site work experience and explore what they want to achieve, skills to build on and what to expect</i></p>		<p>introduction to contraception. <b>Pride Month</b> <i>Links; EDI – explores topics such as LBGTQ+ community and exploring the diverse world we live in today. Assessing scenarios within EDI, to see situations and views from different perspectives with respect.</i></p>
<p style="text-align: center;"><b>11</b></p>	<p><b>Intimate Relationships.</b> Relationships and sex education including consent, contraception, the risk of STI's <b>Peer on Peer abuse</b></p>	<p><b>Healthy lifestyle.</b> Diet, exercise, lifestyle balance and healthy choices, and first aid</p>	<p><b>Independence.</b> Responsible health choices, and safety in independent contexts.</p>	<p><b>Families, Addressing extremism and radicalisation</b> Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships. <b>FGM and Prevent</b> <i>Links; EDI – touching upon different cultures and family/friendship dynamics which people may have to experience through life, with and without consent. Students will explore topics to offer advice or to identify when someone is in need of help when signs are presented</i></p>	<p><b>Building for the future.</b> Self-efficacy, stress management, and future opportunities</p> <p><i>Links; Careers – allows students to explore future pathways and how to deal with life challenges going into adulthood</i></p>	

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