



Therapeutic Support and Well-being

We recognise that people need support to thrive and reach their full potential. The therapy and wellbeing service offers a specialised provision for the entire school community. The school prioritises social emotional and mental health within every aspect of school life - policies & environment, academics, relationships and individual wellbeing. We have a full time, on-site therapist who manages the provision alongside input as needed from counsellors, arts therapists and speech and language therapy teams.

For Students

We provide weekly sessions for students who have a sustained need for support.

2018 BTAH Spring Term Dates for Parent/Carer Support Group:

Friday 12th Jan 3:45pm – 4:45pm

Friday 26th Jan 3:45pm – 4:45pm

Friday 2nd Mar 3:45pm – 4:45pm

Friday 16th Mar 3:45pm – 4:45pm

Location of the Parent Group:

Bromley Trust Academy, Hayes
Campus, BR2 9EA

T: 020 8290 0274

Therapeutic work is tailored according to needs, combining either a creative indirect or direct approach to supporting emotional wellbeing. These interventions may occur individually or in groups. Depending on suitability, a student may be offered time with a dramatherapist, integrative arts therapist, music therapist or counsellor.

For Parents & Carers:

The school offers confidential monthly group sessions for parents and carers led by the school therapist. The group provides a place to seek support and connect with others.

For more information, please contact the school therapist:

dorcas.olatunji@bromleytrustacademy.org.uk

Carnegie Centre of Excellence for Mental Health in Schools Award:

Bromley Beacon Academy and Bromley Trust Academy are working towards excellence in mental health practice. We are looking to have this recognised and developed with a national award level. We are currently devising new policies and processes to improve and strengthen mental health of students, parents and staff. Achieving this award will be a whole Trust effort and will take into account student, parent, staff and governor voice.

For more information or to contribute, please [click here](#).