

Physical Education (PE)

PE Intent

At BTAM we know that physical activity has a positive impact on children's mental well-being as well as their physical health and this in turn has a positive impact on their academic achievements. Pupils who are happy and healthy will do better in their learning, be able to concentrate better and have more energy, and because of this, PE is held in high regard in our school.

Our PE curriculum is thoughtfully planned and delivered to ensure that every pupil develops the knowledge, skills, and confidence they need to succeed and enjoy taking part in this area of the curriculum. Through our PE lessons, pupils will learn how physical activity can help them to stay healthy and they also learn what healthy means. We aim for our pupils to develop the lifelong skills and enjoyment of physical activity, sport, and games so that they can live a healthy and active life, both now and in the future.

Implementation

Pupils are taught the key skills needed and given plenty of opportunities to practice and enjoy taking part in a wide range of sports throughout the year, including football, netball, basketball, swimming, tennis, athletics, gymnastics, cricket and many more.

Our PE curriculum provides pupils with opportunities to explore the fundamental skills of movement, balance and agility. Co-ordination is also key, and pupils are provided with challenges and activities which will help them to develop stronger foundations in this area of their development. Lessons are carefully adapted to provide the right level of challenge for all pupils and to enable all pupils to fully participate and make good progress while experiencing enjoyment. We use the national curriculum as a foundation for our planning, however, we draw upon the expertise and experience of our staff who will thoughtfully adapt and personalise the lessons for each class, considering the interests of the pupils.

We endeavour to reinforce our core values of DECIDE through our teaching of PE as pupils are encouraged and supported to Discover and try new things, Endeavour to take on the challenge and be part of the

Community in team games. We support our pupils to be creative, work collaboratively and be competitive in order that they take measured risks and challenge themselves to achieve their goals. In this way, we equally celebrate individual success and teamwork, endeavour, and achievement.

Pupils are provided with competitive opportunities beyond our school grounds, PE lessons and sports days. Throughout the year we take part in a range of competitive activities and tournaments at other schools and venues. We regularly compete in the Special Schools Football League, Curling, Gymnastics, Panathlon, Ten Pin Bowling, Tri-golf, Easter Bunny Cross Country Run, Athletics and Cricket events and competitions as well as providing more unique opportunities such as enrichment outings to the Snow Dome, boating in Danson Park and climbing at Rock Up and Go Ape etc. Pupil voice is important to us at BTAM, as if pupils are demonstrating a strong interest in a certain sport, we will endeavour to provide more opportunities, for example, pupils in school council expressed a desire for more tennis and so more equipment was purchased, and a lunchtime tennis club was set up.

As well as PE lessons, competitive opportunities and enrichment, pupils are also provided with a weekly forest school to develop their outdoor learning skills. At forest school, pupils will implement their balancing and climbing skills, risk evaluation and safe risk taking. These skills are also implemented at playtime as they experience OPaL (Outdoor Play and Learning) enhanced playtimes.

Impact

The skills pupils develop in their PE learning will serve them well throughout their lives. Pupils will identify their talents and strengths, explore further opportunities, and take great pleasure in this vital life skill of being physically active. Pupils will be confident and have the energy they need to enjoy school life, learning and challenge. Pupils will be confident to take part in team sports, collaborate and work independently to showcase their talents and self-evaluate.

Our aim is for all children to leave BTAM with a genuine love of physical activity, and the knowledge that keeping their bodies and minds fit and healthy can have a big impact upon their future lives.