



Therapeutic Support and Well-being

We recognise that people need support to thrive and reach their full potential. The therapy and wellbeing service offers a specialised provision for the entire school community. The school prioritises social emotional and mental health within every aspect of school life - policies & environment, academics, relationships and individual wellbeing. We have a full time, on-site therapist who manages the provision alongside input as needed from counsellors, arts therapists and speech and language therapy teams.

For Students

We provide weekly sessions for students who have a sustained need for support.

2018 Dates of the Parent & Carer Group:

Friday 23rd Feb 2018 1.00-2.30pm

Friday 23rd March 2018 1.00-2.30pm

Friday 27th April 2018 1.00-2.30pm

Friday 18th May 2018 1.00-2.30pm

Friday 22nd June 2018 1.00-2.30p.m.

Location of the Parent Group:

Orpington Fire Station (E41)

Community Room, Avalon Road, BR6

Therapeutic work is tailored according to needs, combining either a creative indirect or direct approach to supporting emotional wellbeing. These interventions may occur individually or in groups. Depending on suitability, a student may be offered time with a dramatherapist, integrative arts therapist, music therapist or counsellor.

For Parents & Carers:

The school offers confidential monthly group sessions for parents and carers led by the school therapist. The group provides a place to seek support and connect with others. Additionally, if parents would like to book time to see the school therapist on an individual basis, they can do so.

For more information, please contact the school office at:

office@bromleybeaconacademy.org.uk

Carnegie Centre of Excellence for Mental Health in Schools Award:

Bromley Beacon Academy and Bromley Trust Academy are working towards excellence in mental health practice. We are looking to have this recognised and developed with a national award level. We are currently devising new policies and processes to improve and strengthen mental health of students, parents and staff. Achieving this award will be a whole Trust effort and will take into account student, parent, staff and governor voice.

For more information or to contribute, please [click here](#).