

## BTAH Sport and Fitness Overview

<u>YR</u>	<u>AUT 1</u>	<u>AUT 2</u>	<u>SPR 1</u>	<u>SPR2</u>	<u>SUM 1</u>	<u>SUM 2</u>
7/8	N/A	N/A	N/A	N/A	N/A	N/A
9	N/A	N/A	N/A	N/A	N/A	N/A
10	Anatomy and physiology for exercise	Anatomy and physiology for exercise	Introduction to healthy exercise and nutrition	Introduction to healthy exercise and nutrition	Participating in sport	Coursework mop up
11	Introduction to healthy exercise and nutrition	Participating in sport	Participating in sport	Psychology in sport	Coursework mop up	