

Dealing with Trouble

Q1 Find the right ending for each sentence below, from the box on the right.

- Try to avoid...
- Don't react aggressively if people hassle you...
- Tell somebody what's going on...
- If the people hassling you are doing it because they're prejudiced against you...

...as it could make things worse.
 ...even if you feel awkward or embarrassed about it.
 ...you should think about getting the police involved.
 ...confrontations.

Q2 What's the web address for "Bullying Online"?

Q3 Look at each pair below. Say which is the more sensible thing to do to avoid bullying and explain why.

- Spending your lunch break sitting on your own, down at the end of the sports field.
 - Spending your lunch break with other people or where lots of other people are around.
- Always going home by the same route.
 - Varying your route home.
- Making plenty of friends, or at least being on chatting terms with as many people as possible.
 - Being fairly antisocial. Keeping yourself to yourself.
- Telling a teacher or another adult about bullying as soon as possible.
 - Ignoring the bullying — they'll get bored and move on to someone else eventually.

Q4 Choose the right set of words to finish off each sentence:

- Threatening emails and text messages are **legal / illegal**.
- If you decide to tell an adult about being bullied and they don't seem to take it all that seriously, **give up / try telling someone else**.
- Reacting to violence with violence **will just lead to more violence / should sort things out**.

DISCUSSION QUESTION Q5

A lot of people think Steve's gay. A few people in his year have been giving him physical and verbal abuse for it.

Write down a list of things Steve can do to deal with the bullying.